

TICKS

There are about 15 species of ticks that are found in Indiana. Only 3 of those hard tick species can be dangerous to human health. They are the Black Legged tick, American dog tick, Lone Star tick

Prevention of Tick Bite

- 1** Wear long pants, socks, and a long-sleeved shirt.
- 2** Tuck the shirt into the pants, and the pants into the socks.
- 3** Apply insect repellent to clothing to reduce the incidence of tick bites. Follow label directions
- 4** Wear light-colored clothing so ticks can be seen easily. Check yourself and your children frequently.
- 5** Walk on clear trails. Avoid trail margins, brush and grassy areas while hiking.
- 6** Conduct thorough tick checks immediately after leaving tick-infested areas. Promptly remove any ticks found. Shower or bathe within 2 hours. It may take up to 6 hours for a tick to firmly bite.

The best way to avoid tick bites is to stay out of infested areas, especially during April, May and June.



Source: ISDH



TICK REMOVAL

How To Remove A Tick



1 Use clean, fine-tipped tweezers to grasp the tick as close to the skin's surface as possible.

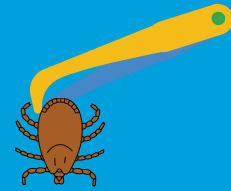


3 After removing the tick, thoroughly clean the bite area and your hands with rubbing alcohol or soap and water.

Follow Up

If you develop a rash or fever within several weeks of removing a tick, see your doctor:

- Tell the doctor about your recent tick bite,
- When the bite occurred, and
- Where you most likely acquired the tick.



2 Pull upward with steady, even pressure. Don't twist or jerk the tick; this can cause the mouth parts to break off and remain in the skin. If this happens, remove the mouth parts with tweezers. If you cannot remove the mouth easily with tweezers, leave it alone and let the skin heal.



4 Never crush a tick with your fingers. Dispose of a live tick by

- Putting it in alcohol,
- Placing it in a sealed bag/container,
- Wrapping it tightly in tape, or
- Flushing it down the toilet.

Do Not

- Do not yank the tick out
- Do not squish the tick
- Do not use a match or liquid to smother the tick