

THANKS FOR HELPING BEAT COVID-19!

Getting vaccinated is the most important step you can take to help the community get back to normal - and bring peace of mind to you and your loved ones. Every Action Counts in the fight against COVID-19, and vaccination is our most powerful weapon. We are thrilled to offer these lifesaving vaccines and are happy you have chosen to receive your vaccine with us. Congratulations on being vaccinated!

~ Monica Heltz, DNP, MPH, APRN,
Public Health Director for the Fishers Health Department

WHAT SHOULD I EXPECT AFTER GETTING THE VACCINE?

You may have some side effects, which are normal signs that your body is building protection. These should go away in a few days. If you have severe side effects (like an increase in redness, pain at injection site after 24 hours, or if side effects don't go away after a few days), please call 9-1-1.



After you receive your vaccine, use the V-safe app on your smartphone to report any side

effects. V-safe can also send reminders for your second vaccine dose and provides personalized health check-ins.

NORMAL SIDE EFFECTS INCLUDE:

- Pain, redness, & swelling at injection site
- Tiredness
- Headache
- Muscle pain
- Chills
- Fever
- Nausea

TO REDUCE PAIN & DISCOMFORT

WHERE YOU RECEIVED THE SHOT:

- Apply a clean, cool, wet washcloth over the area
- Stretch or exercise your arm

TO REDUCE DISCOMFORT OR FEVER:

- Drink plenty of fluids
- Dress lightly

JOIN THE FIGHT

The Fishers Health Department and City of Fishers are challenging residents to reach 85% vaccination rates. Stop by the Selfie Station to snap a photo and share why you are getting vaccinated on social media using #VaccinateFishers, and encourage your loved ones to get vaccinated, as well.

You can also help by volunteering at our vaccine site or with health outreach around the city. Learn more at fishers.in.us/Vaccine.



REMINDERS AFTER TODAY'S VISIT:

WAIT 15 MINUTES

Please stay until the time on your sticker has expired to monitor any adverse reactions to the vaccine. If you think you are having a severe allergic reaction after you leave the vaccine site, call 9-1-1.

IF THIS IS YOUR FIRST DOSE

You'll receive confirmation of your next appointment via text and/or email, which will be scheduled three weeks out for Pfizer and four weeks out for Moderna.

GIVE IT TWO WEEKS

You will be fully vaccinated and have full protection two weeks after your second dose of Pfizer or Moderna or your first shot of Johnson & Johnson.

GET THE JOHNSON & JOHNSON VACCINE?

While deemed safe by the FDA and CDC, women under 50 years of age should be aware of a rare risk of blood clots with low platelets after receiving the Johnson & Johnson vaccine. Watch for symptoms within 3 weeks after vaccination, including severe/persistent headaches, blurred vision, chest pain, shortness of breath, leg swelling, persistent abdominal pain, and easy bruising or tiny blood spots under the skin (not including at injection site). Get immediate medical care if you experience any of these symptoms.

QUESTIONS?

Visit fishers.in.us/VaccineFAQ to find the answers and more information.