



Risk Level 3: Significant Community Risk

October 27, 2020

With today's move to risk level 3, "Significant Risk" (Orange) for Fishers, the Fishers Health Department has the following additional recommendations to the activity guidelines previously posted, available at <https://www.fishers.in.us/1212/Community-COVID-Risk-Rating>.

General health and safety: In all circumstances while interacting with individuals outside of your immediate household, all residents and workers in Fishers are advised to:

- maintain a distance of six feet or greater
- wear a face mask when unable to maintain at least six feet of distance
- wash cloth masks frequently, and do not wear same mask for longer than one day without washing
- vulnerable individuals should consider wearing a surgical mask when outside of the home
- wash hands with soap for at least 20 seconds (or use hand sanitizer with at least 60% alcohol if unable to wash) upon entry and exit of the space, before and after consuming any food, after using the restroom, and with any frequent contact with a shared space
- avoid crowds and crowded areas, particularly indoors
- stay home when sick and when under isolation or quarantine orders
- get tested if sick or notified of contact to an active COVID-19 case. If unable to get tested, isolate or quarantine for 14 days and monitor symptoms
- answer calls from the Fishers Health Department and the Indiana State Department of Health and participate in the contact tracing process. Always answer calls from 877-548-3444 (Indiana Department of Health) and 317-567-6830 (Fishers Health Department)
- frequently disinfect any commonly touched surfaces and any communal spaces
- increase ventilation of indoor spaces by increasing outside air intake, opening windows or similar
- cover all coughs and sneezes
- avoid shaking hands or touching the face of other individuals
- consider take-out, delivery, or curbside pick-up rather than going in stores or dining out
- only take the minimum number of people needed to complete an activity,
- Flu vaccination is recommended for all individuals greater than six months of age

Workplaces and businesses: Workplaces and businesses are strongly advised to:

- work from home where feasible
 - maintain a daily COVID screening process for any individuals reporting to work in person
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- encourage and promote policies allowing sick employees and those under isolation or quarantine orders to stay home
- encourage and promote sick employees and those under quarantine orders to get tested for COVID-19
- maintain at least 6 feet of space from others
- hold all meetings by teleconference whenever and wherever possible
- frequently clean and sanitize any public areas and any communal areas in the workplace
- maintain outside air intake to maximum capacity or at least 6 air exchanges per hour
- maintain special hours for vulnerable individuals to access services
- bars should restrict dining and drinking at bars where social distancing is not possible, and should consider table service only
- self-serve buffets and shared food are not recommended
- actively promote all workers and any public patrons to follow the mask mandate orders from the Fishers Health Department and Governor Holcomb
- consult with the Fishers Health Department when a workplace exposure occurs

Social gatherings and events: Individuals and organizations are strongly advised to:

- avoid private social gatherings in-home or when outdoor hosting is unavailable
- consider offering events outdoors or virtually as alternatives
- decrease the number of seats available and decrease the venue capacity
- avoid self-serve or buffet-style food service
- remind and encourage all participants to wear mask
- maintain the ventilation of the facility to maximum capacity or at least 6 air exchanges per hour
- increase the number of entry/exit points to the space and encourage situations that allow for at least 6 feet of distance between those of different households

Traveling outside of central Indiana: Individuals who are traveling outside of central Indiana are strongly advised to:

- wear a surgical mask when traveling by taxi/Uber/Lyft, bus, train and airplane and while in an airport, especially while in lines
 - continue wearing a face mask in all situations as outlined in the Fishers Health Department and Governor's mask mandates, particularly when indoors in common areas with those outside of your immediate household
 - frequently handwash or sanitize hands
 - wipe down surfaces such as gas pump handles, airplane armrests and table-tops, and other commonly touched surfaces with a disinfectant wipe
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- maintain distance from others whenever possible
- consider voluntarily quarantine in the home for a period of at least 14 days following travel
- get tested 3-5 days after travel concludes

Schools: Schools are strongly encouraged to take the following measures:

- report all confirmed COVID-19 positive cases and their school-based contacts immediately to the Fishers Health Department
 - monitor carefully for any evidence of active transmission within the schools, such as a second positive case in a class or activity
 - report any suspected outbreak or multiple cases immediately to the Fishers Health Department for consultation
 - review mitigation measures and determine any possible additions to those measures
 - review cohorting practices ways to decrease potential exposures across cohorts of students when possible
 - maximize the outside air intake at a minimum of 6 air exchanges per hour
 - maintain at least 10 feet of distancing during sports, dance, band, choir, theater, and speech activities and conduct them outside wherever possible
 - assure frequent opportunities for handwashing and sanitizing surfaces
 - refer to Fishers Health Department COVID-19 School Mitigation and Activity guidelines (<https://www.fishers.in.us/1212/Community-COVID-Risk-Rating>), IDOE Novel Coronavirus Guidance for Schools (<https://www.doe.in.gov/covid-19>) and CDC Schools and Childcare guidelines (<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/index.html>) for additional recommendations and suggestions
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